

**NURSING****ADN 105****Meeting Human Needs I (7)**

The focus of this course is identifying and integrating the hierarchy of human needs into the nursing care of persons across the life cycle.

The philosophy of the program is introduced which includes our beliefs about human caring, the nature of human beings, health and nursing. Gordon's Eleven Functions of Man which provided the organizing structure of the nursing program is also introduced.

Emphasis is placed on health assessment, health promotion, and health maintenance related to self and others.

The nursing process is introduced as the modality through which critical thinking skills are applied in the delivery of care. Pharmacological concepts are introduced as they relate to healthy individuals across the life cycle.

The student provides care in a variety of settings with close supervision. The roles of the nurse are introduced.

**4 Class Hours, 6 Clinical Hours, 2 Lab Hours; Pre- or Corequisites: BIO 131, Human Biology I, ENG 110 College Writing I, and PSY 110 General Psychology.**

**ADN 106****Meeting Human Needs II (7)**

The focus of this course is on the nursing care of persons who have actual/potential health problems related to the health patterns of Health Perception/Health Management, and Nutrition/Metabolic. Classroom theory and clinical practice integrate all 11 of Gordon's Functional Health Patterns.

Integrated in the course are our beliefs about human caring, the nature of human beings, health and nursing. The concepts of hierarchy of human needs and life cycle are applied to the nursing care of persons with common health problems.

The nursing process is utilized as the modality through which critical thinking skills are applied in the delivery of care.

Emphasis is placed on health assessment, health promotion, health restoration, and health maintenance. The student provides nursing care with supervision in a variety of settings. The nursing roles are further developed.

**4 Class Hours, 6 Clinical Hours; 2 Laboratory Hours; Prerequisite: ADN 105 Meeting Human Needs I. BIO 131 Human Biology I. Pre- or Corequisite: BIO 132 Human Biology II.**

**ADN 112****Holistic Health (2)**

This course is open to all majors and requires no prerequisite. An introductory foundation regarding alternative medicine, with an emphasis on holistic health for the individual and the healthcare provider, with a focus on body, mind, spirit, and emotions. Diversity of healthcare is investigated as the student becomes familiar with multiple alternative therapies, stress management, meditation, exercise, and nutrition.

**2 Class Hours**

**ADN 116****Humor and Healthy Living (1)**

Research has proven that humor has important benefits for one's health which include providing stress relief and enhanced coping skills, strengthening the

immune system, and facilitating communication. This class will provide an overview of the benefits of humor, enlighten the participant about current research, and enable him or her to develop ways to incorporate humor in everyday life. Class format will include lecture, sharing of research done by class participants, and presentations by students regarding pertinent aspects of humor.

**1 Class Hour**

**ADN 211****Meeting Human Needs III (7)**

The focus of this course is on the nursing care of persons who have actual/potential health problems related to health patterns of: Nutritional/Metabolic, Elimination, and Sexuality/Reproductive. Classroom theory and clinical practice integrate all 11 of Gordon's Functional Health Patterns.

Integrated in this course are our beliefs about human caring, the nature of human beings, health and nursing. The concepts of hierarchy of human needs and life cycle are applied to the nursing care of persons with common health problems.

The nursing process is utilized as the modality through which critical thinking skills are applied in the delivery of care.

Emphasis is placed on health assessment, health promotion, health restoration and health maintenance. The student provides nursing care to persons in both specialty and general medical/surgical units, as well as in community settings. With increasing autonomy, students assume the roles of the nurse.

**4.5 Class Hours, 6 Clinical Hours; 1.5 Laboratory Hours; Prerequisites: ADN 106 Meeting Human Needs II, BIO 132 Human Biology II, and PSY 210 Developmental Psychology.**

**ADN 212****Meeting Human Needs IV (7)**

The focus of this course is on the nursing care of persons who have actual/potential health problems related to health patterns of: Activity/Exercise, Self-Perception, and Sleep/Rest. Classroom theory and clinical practice integrate all 11 of Gordon's Functional Health Patterns.

Integrated in this course are our beliefs about human caring, the nature of human beings, health and nursing. The concepts of hierarchy of human need and life cycle are applied to the nursing care of persons with common health problems.

The nursing process is utilized as the modality through which critical thinking skills are applied in the delivery of care.

Emphasis is placed on health assessment, health promotion, health restoration and health maintenance. The student provides nursing care to persons in both specialty and general medical/surgical units, as well as in community settings. With increasing autonomy, students assume the roles of the nurse.

**4.5 Class Hours, 6 Clinical Hours; 1.5 Laboratory Hours; Prerequisites: ADN 106 Meeting Human Needs II, BIO 132 Human Biology II, and PSY 210 Developmental Psychology.**

**ADN 213****Meeting Human Needs V (7)**

The focus of this course is on the nursing care of persons who have actual/potential health problems related to the health patterns of: Activity/Exercise, Role/Relationship and Values and Beliefs. Classroom theory and clinical practice integrate all 11 of Gordon's Functional Health Patterns.

Integrated in this course are our beliefs about human

caring, the nature of human beings, health and nursing. The concepts of hierarchy of human needs and life cycle are applied to the nursing care of persons with common health problems.

The nursing process is utilized as the modality through which critical thinking skills are applied in the delivery of care.

Emphasis is placed on health assessment, health promotion, health restoration and health maintenance. The student provides nursing care to persons in specialty and general medical/surgical units, as well as in community settings. With increased autonomy, the students assume the roles of the nurse.

**4.5 Class Hours, 6 Clinical Hours; 1.5 Laboratory Hours; Prerequisites: ADN 106 Meeting Human Needs II, BIO 132 Human Biology II, and PSY 210 Developmental Psychology.**

**ADN 214****Meeting Human Needs VI (7)**

The focus of this course is on the nursing care of person who have actual/potential health problems related to the health patterns of: Cognitive/Perceptual and Coping/Stress. Classroom theory and clinical practice integrate all 11 of Gordon's Functional Health Patterns.

Integrated in this course are our beliefs about human caring, the nature of human beings, health and nursing. The concepts of hierarchy of human needs and life cycle are applied to the nursing care of persons with common health problems.

The nursing process is utilized as the modality through which critical thinking skills are applied in the delivery of care.

Emphasis is placed on health assessment, health promotion, health restoration and health maintenance. The student provides nursing care to persons in specialty and general medical/surgical units, as well as in community settings. With increased autonomy, the students assume the roles of the nurse.

**4.5 Class Hours, 6 Clinical Hours; 1.5 Laboratory Hours; Prerequisites: ADN 106 Meeting Human Needs II, BIO 132 Human Biology II, and PSY 210 Developmental Psychology.**

**ADN 298****Nursing Seminar (1)**

The purpose of this course is to facilitate transition of returning, transfer and advanced placement students into the nursing program. The course focuses on the nursing department philosophy, the conceptual framework, the nursing process and use of the course syllabi. Students are required to practice and successfully demonstrate selected nursing skills.

**1 Class Hour, 1 Clinical Hour**

**Prerequisites: Students in this course must have met requirements for transfer or have passed the required challenge examination for advance placement.**

**ADN 299****Independent Study (1-3)**

An individual student project in the nursing field which is beyond the scope of requirements of the courses offered by the department conducted under the direction of a nursing faculty member and approved by the department chairperson. Independent study is available to students who have completed one semester of Professional Nursing Courses.